

CITY OF BAKERSFIELD

Swim Clinics

6- 17 years old

\$54R/\$64NR for McMurtrey Aquatic Center & Silver Creek.

\$10 for Jefferson Pool & MLK Pool.

This program is designed for proficient swimmers ready for swim team. Stroke development and daily workout plans will be provided by an instructor distanced 6 feet from participants.

Session Dates

Mondays and Wednesdays: July 20- August 5

Tuesdays and Thursdays: July 21- August 6

Saturdays: July 25- August 29

MUST REGISTER ONLINE.

www.BakersfieldParks.us

LOCATION	DAYS	TIME	CODE <i>Specifies Class</i>	SESSION
McMurtrey Aquatic Center	M/Wed	8- 9am	259008	A1
McMurtrey Aquatic Center	T/Th	8- 9am	259008	A2
Silver Creek	M/Wed	1- 2pm	257008	A1
Jefferson	M/Wed	1- 2pm	252008	A1
MLK	M/Wed	1- 2pm	253008	A1
Silver Creek	T/ Th	1- 2pm	257008	A2
Jefferson	T/Th	1- 2pm	252008	A2
MLK	T/Th	1- 2pm	253008	A2
Silver Creek	M/Wed	3- 4pm	257008	B1
Silver Creek	T/Th	3- 4pm	257008	B2
Silver Creek	Sat.	8- 9am	257008	C1
Jefferson	Sat.	9-10am	252008	B1
MLK	Sat.	9- 10am	253008	B1
McMurtrey Aquatic Center	Sat.	12- 1pm	259008	B1
Silver Creek	Sat.	1:30- 2:30pm	257008	D1

A FEW THINGS TO KEEP IN MIND:

- Arrive as close as possible to when the program begins.
- Participants will be asked to maintain social distancing from other participants.
- No shared equipment will be provided by the City of Bakersfield.
- Participants should be dressed and ready to participate.
- Locker rooms will be limited to toilet and handwashing. Indoor showers and lockers will not be available at this time.
- Please limit the amount of spectators. Spectators will be asked to maintain 6 feet social distancing and will be asked to wear a mask when in the facility.

Anyone with the following symptoms will be prohibited from entering the facility:

- Fever or chills
- Cough
- Shortness of breath
- Fatigue
- Muscle/ Body Aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about Covid- 19.

