

CITY OF BAKERSFIELD

SWIM CLINICS

6- 17 years old

\$54R/\$64NR for McMurtrey Aquatic Center & Silver Creek.

This program is designed for proficient swimmers ready for swim team. Stroke development and daily workout plans will be provided by an instructor distanced 6 feet from participants.

Session Dates

Session 1: September 1- 17, T/Th

Session 2: September 14- 30, M/Wed

Saturdays: September 12- October 17

MUST REGISTER ONLINE.

www.BakersfieldParks.us

LOCATION	DAYS	TIME	CODE <i>Specifies Class</i>	SESSION
Silver Creek	T/Th	5:30pm- 6:30pm	357043	A1
Silver Creek	M/Wed	5:30- 6:30pm	357043	A2
McMurtrey Aquatic Center	Sat.	12pm- 1pm	359056	B1

FAMILY LAP SWIM

8+ years old

\$5 per person, up to 4 people per lane

Introducing a new program where families can enjoy lap swimming together. Participants must be able to swim 25 yards independently without stopping.

Registration for Family Lap Swim will become available on Fridays at 8am by calling McMurtrey Aquatic Center at 852-7440.

LOCATION	DAYS	TIME
McMurtrey Aquatic Center	Sat.	11am- 11:50am

A FEW THINGS TO KEEP IN MIND:

- Arrive as close as possible to when the program begins.
- Participants will be asked to maintain social distancing from other participants.
- No shared equipment will be provided by the City of Bakersfield.
- Participants should be dressed and ready to participate.
- Locker rooms will be limited to toilet and handwashing. Indoor showers and lockers will not be available at this time.
- If attending a Swim Clinic, please limit the amount of spectators. Spectators will be asked to maintain 6 feet social distancing and will be asked to wear a mask when in the facility.

Anyone with the following symptoms will be prohibited from entering the facility (prescreening prior to entry):

- Fever or chills
- Cough
- Shortness of breath
- Fatigue
- Muscle/ Body Aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about Covid- 19.

